

## CAMP REGULAR ACTIVITY TIME-TABLE

<b>Sr.No.</b>	<b>Activity</b>	<b>Time</b>
<b>1</b>	Waking	<b>5.00 AM to 6.00 AM</b>
<b>2</b>	Morning Assembly and Physical Exercises	<b>6.00 AM to 6.30 AM</b>
<b>3</b>	Break Fast and Collection of tools etc.	6.30 AM to 07.15 AM
<b>4</b>	Project work	7.30 AM to 12.30 Noon
<b>5.</b>	Personal Hygiene	12.30 Noon to 13.00 PM
<b>6</b>	Lunch	1.00 PM to 14.00 PM
<b>7</b>	Rest	14.00 PM to 15.00 PM
<b>8</b>	Talks by eminent visitors followed by discussion	15.00 PM to 17.00 PM
<b>9</b>	Community visit	17.00 PM to 19.30 PM
<b>10</b>	Recreation and socio-cultural programme	19.00 PM to 20.00 PM
<b>11</b>	Dinner	20.00 PM to 21.00 PM
<b>12</b>	Review of Day's Work	21.00 PM to 21.30 PM
<b>13</b>	Light Off	22.00 PM